

Healthcare Cost Containment Committee Minutes
May 11, 2021
3:30 p.m.

Attendees: Debie Clayton, Kim DeMaso, Ashley Dennis, Mary Ethier, Melissa Gagne, Kelly Grassini, Jenna Hardy, Marsha McGill, Laurie Rothhaus, Christine Soucy, Sandy Swanson, Erin Tyrrell

- Melissa discussed the partnership with Fern Seiden and the Employee Support Group. Fern has a website she utilizes and shares out through SoCals which includes a calendar of events, Fern will begin to put the HealthTrust webinars/offerings on her calendars for employees to see. They are great resources but sometimes it can be “email overload” for Central Office to send a district wide message for every offering. This would make for a central location to find upcoming events.
- The daily Shaw’s gift card raffle continues to be successful.
- HealthTrust’s 100 Mile Challenge is underway.
- Remind individuals about the \$100 credit towards activity trackers, scales, etc. available through HealthTrust.
- HealthTrust scheduled an optional virtual Wellness Coordinator meeting on May 19, 2021 at 9:00 a.m. There will be a presentation by National Alliance on Mental Illness (NAMI). This event will not be recorded but may be repeated in the future.
- HealthTrust and Primex are sponsoring a webinar on May 26, 2021 at 3:00 p.m. on Navigating COVID Fatigue.
- Merrimack School District has the highest percentage of registered HealthTrust portal users within the HealthTrust membership. Encourage more sign ups in anticipation of summer usage.
- Live Health Online Program sponsored by HealthTrust added sleep and allergy to the existing health and behavior specialists.
- Promote the Life Resources – Employee Assistant Program. Individuals do not know about it or forget the types of services available to them. Update and./or refresh bulletin boards with a current flyer from the HealthTrust website.

Next Meeting:

The next meeting will be June 8, 2021 at 3:30 p.m. via zoom invitation.
The meeting adjourned at 4:10 p.m.